

Instructions for Obtaining Medical Care While At Tyndall AFB

(This applies to Active Duty personnel and TRICARE eligible beneficiaries)

Current as of 16 August 2005

Welcome to Tyndall AFB, we hope your tour is a memorable one; however if you require medical care, please follow these simple guidelines.

1. Emergency Care:

a) If your medical condition is a **true emergency** (illness or injury which threatens life or limb), call **911** or immediately go to the nearest civilian hospital emergency room (see directions below to local hospitals). **Tyndall Clinic does not have an emergency room.**

b) After you have received emergency care all Active Duty Members and TRICARE Prime beneficiaries must contact their PCM at their home base the next duty day to ensure authorization is on file for this emergency visit. If you have not in-processed at Tyndall and transferred your Prime enrollment then contact the PCM at your previous duty location for authorization. If authorization is not obtained, the Prime family member may be subject to Point of Service charges (\$300 Point of Service deductible and 50 percent of the cost share). If you need clarification on “emergency” care after regular clinic hours, Active Duty Members and TRICARE Prime patients enrolled with the Tyndall Clinic should call 283-2778 to speak to their PCM. The physician on call will provide you assistance and or referral for medical care.

2. Active Duty Sick-call:

Sick-call for non-flying active duty is by appointment only. Priority appointments can be obtained by calling 283-2778 between 0630-0700 prior to appointments being opened for all Prime Beneficiaries each day. Active duty on flying status will be seen in Flight Medicine on a walk-in basis between 0700-0730 and 1300-1330 Monday through Friday.

3. Routine Care:

Family Practice Clinic: Call Central Appointments at 283-2778. Appointments are available Monday through Thursday, 0730 - 1800 hours, Friday 0730 – 1530. The Family Practice Clinic uses the Advanced Access appointment system making many appointments available the same day you call or for the next duty day. Some appointments may be arranged with local facilities during high demand.

Pediatric/Adolescent Clinic (ages 17 and younger): Call Central Appointments at 283-2778. Appointments are available Monday through Friday 0730 - 1530 hours

Directions to both hospitals and the urgent care clinics in Panama City from Tyndall AFB: (TRICARE Network)

Gulf Coast Medical Center - Take Tyndall Parkway (98 West/15th Street) west, turn right at the traffic light onto MLK Jr. Blvd (Hwy 77) turn left on 23rd Street and go approximately ½ mile to 449 west 23rd Street, the hospital is now in view on your left

Bay Medical Center (Non-Network) - Take Business 98 West to Martin Luther King, Jr. (MLK Jr.) Blvd, turn right, go to 7th Street and turn right, the hospital is now in view.

Prime Care Clinic - Opens 0730 to 1700. Take Tyndall Parkway north approximately two miles turn at the light on Cherry. Clinic is on right side of street at 5620 Cherry Road.

Bay Walk-In Clinic - Open 0800 to 2000 hours Monday through Saturday and 1000 to 1800 hours on Sunday. Take Tyndall Parkway (98 West/15th Street) west, turn right at the traffic light onto MLK Jr. Blvd (Hwy 77) then follow Hwy 77 to 23rd Street, Bay Walk-In Clinic is now in view on the right corner in front of the Target store.